

CARE OPTIONS FOR OLDER ADULTS

	STAY HOME	SHARED HOUSING	COMMUNITY SETTING	DAILY SUPPORT	MEDICAL SUPPORT	END OF LIFE				
CARE OPTIONS	INDEPENDENCE			ASSISTANCE						
	←			→						
	Age in place	Co-housing	Senior home sharing	Retirement community	Age-restricted community	Home-like setting	Assisted living center	Nursing home	Memory care facility	Hospice
			*Continuing Care Resident Community (CCRC)				**Respite care			
NEEDS	"I want to live in my own home"	"I want a roommate who can help me around the house"	"Me and my friends are moving in together"	"I'm moving into a community that is designed for me"	"I'm moving into a community of my peers"	"I need support but want to live in a place that feels like home"	"I need help taking care of myself every day"	"I need help taking my meds and watching over my health"	"I have trouble remembering things"	"I want comfort and peace"
DESCRIPTION	Stay at home, ideally with support from others (e.g., family, friends, village model, support services).	Rent space in their home to a roommate who shares costs and helps with daily tasks (e.g., cooking, shopping, laundry) in exchange for reduced rent.	Live with others, co-purchasing or co-renting a house, or living in a multigenerational household.	Reside in an independent living complex designed for older adults. Has some access to community-based amenities.	Reside in an independent living complex in a community restricted to people 55 years of age or older. Has some access to community-based amenities.	Receive care and supervision in a home-like environment. Have a private bedroom but share living space. Also known as an adult foster home, board and care, residential home, group or adult care home.	Receive care, supervision, and help with daily living activities (e.g., cooking, bathing) in a secure environment. Live in private or semi-private rooms but share all other common areas.	Receive care, supervision, help with daily living activities, and medical care in a secure environment. Residents have medical needs and/or disabilities that require 24-hour support.	Receive specialized care for living with dementia in a nursing home or assisted living community.	Receive care at home or in a facility that focuses on making the end-of-life experience as comfortable as possible.

*Access to a continuum of care within a community-based setting that may include independent to assisted living options.

**Receive short-term care in an assisted living or nursing home.